

BARRIERE SECONDARY COUGAR NEWS



What's Happening This Week

MONDAY, October 20

-

TUESDAY, October 21

-

WEDNESDAY, October 22

-

THURSDAY, October 23

-

FRIDAY, October 24

- Pro-D Day (No School for Students)

Upcoming Dates

- October 24 Pro-D Day (No School for Students)
- November 3 Photo Retakes
- November 3 Post Secondary Visits
- November 8 Indigenous Veterans Day
- November 10 BSS Remembrance Recognizes Day
- November 11 Remembrance Day (School Closed)

October 20 – October 24

Eleventh Moon

**Pelltemllík
spawned out salmon month**

**Secwepemcúl'ecw yi7élye ell,
re tmicws re Simpcw n7élye.**

**Acknowledge that we are on
the territory of the
Secwepemc Nation,
specifically the territory of the
Simpcw People.**

Cafeteria Menu

Monday

- Grilled Ham & Cheese w/ Veg or Meatballs & Mashed Potatoes w/ Gravy

Tuesday

- Hummus w/ Pita Chips or Pulled Pork w/ Coleslaw & Veg

Wednesday

- Beef Barley Soup w/ Bun or Quesadilla w/ Spanish Rice

Thursday

- BLT Wrap or Butter Chicken w/ Rice & Pita

Friday

- Pro-D School Closed



Welcome to the Cougar Pride Grad Newsletter—Our Post-Secondary, Scholarship & Awards Newsletter!

This will be your go-to source for Post-Secondary, Scholarship, and Awards information. A new edition will be released at the beginning of each month, with regular updates as new opportunities arise — so check back often!

Be sure to explore the Resources section at the end of the newsletter for important information on post-secondary registration, transcript requests, and reference letters to support your next steps after graduation.

For more information reach out to Ms. Domingo and checkout the latest edition here:

<https://app.smores.com/n/4p3b8>

BSS Personal Device Policy

Please speak with your child prior to them coming on Tuesday about the [BSS Digital Device Usage Policy](#). While the official language is below, what it means is that personal devices, such as cell phones are not to be used during class time. Phones must be stored in their lockers during class time.

At Barriere Secondary School we believe that the foundations of a safe, caring, and welcoming school environment are fostered and maintained through a focus on inclusivity and equity-focused education implemented and supported through a progressive continuum of supports.

Cafeteria

The cafeteria will be open on Thursday, September 4. Cash is accepted or you may purchase your child(ren) lunch cards through the [SchoolCash](#) Online system.

Breakfast Program

The **Free** Breakfast Program has started. For those new to BSS, every weekday from 8:00 am – 8:25 am all students can enjoy a free breakfast.

Course Change Requests

If a course change is needed for Graduation or Post-Secondary requirements, or due to incorrect course assignment, please request an appointment. Continue attending your original classes until you have completed the processes the change.

Lost and Found Items

If students have misplaced clothing or personal items they will be placed on the table at the entrance to the school where students and families can collect the items. If you happen to be in the school, please have a look. Unfortunately, we do not have space to store these items for long periods of time. We will periodically be packaging unclaimed items and donating them to charity.

Loran Scholars

Please see Ms. Domingo if you are interested in applying. Deadline is Oct. 16th. You can find all the information you need to apply at loranscholar.ca.

[Homepage - Loran Scholars](#)

Loran builds meaningful, positive change across Canada and beyond by empowering young people with curiosity, integrity, and the dedication to uplift their communities. We believe that identifying such promising young people means looking beyond grades to find students with character—those who show courage by pushing boundaries and challenging the status quo; display a commitment to service ...loranscholar.ca

FEES and SchoolCash

School fees and athletic fees are now posted and can be paid through Schoolcash. If you are looking to stop by the school and pay fees using cash, exact change would be appreciated.

Starting September 2025 individual student fees (enhancement fees for field trips and athletics for example) will include a processing fee for all payment transactions using online payment options. This processing fee, which was approved by the Board after the budget consultation process last spring, represents actual costs the Board incurs for using online fee payment services. Cash and cheque payments will not incur this processing fee. We recognize that fee increases can be challenging for families. School District 73 is committed to ensuring that no student is excluded from an educational program or activity or extracurricular activity because of financial need as outlined in the District's Administrative Procedure 506: Student Financial Assistance.

Barriere Secondary School - Schedule of School Fees 2025-2026

School Fee invoices are distributed to students

September 2025 for Semester 1 and February 2026 for Semester 2

Please note that paying online has a processing fee (on average 5%) incorporated in the cost to be paid online, which was approved by the Board after the budget consultation process last spring. These represent true transaction fees charged by the District's processing platform.

Payments made to the school by cash or cheque should be submitted at the lower amount specified below.

Kindly ensure payments are made in the exact amount, as no change can be provided.

STUDENT ACTIVITY FEE - \$10.75 online / \$10.00 cash or cheque

Charged to ALL students for supplies to support general school activities over the school year.

LOCK RENTAL - \$6.50 online / \$6.00 cash or cheque

Charged to ALL students. Students will be assigned a lock by the school at the beginning of the year and will be expected to return the lock at the end of each year until they leave the school. Students are required to use the lock provided by the school.

GRAD FEES - \$89.00 online / \$85.00 cash or cheque

Charged to Grade 12 graduating students includes: Lifetouch grad photo sitting fee, grad gown rental, souvenir hat & tassel, souvenir grad photo composite in folder and other grad incidentals.

YEARBOOK-OPTIONAL FEE - \$42.00 online / \$40.00 cash or cheque

Optional fee to pre-order the school yearbook and keep those GREAT school memories!

FEE SCHEDULE FOR COURSE ENHANCEMENTS

The following Fee Schedule represents maximum amounts that would be charged in each of the classes. The items listed are descriptions of consumables for courses, with more specific details to be given within the course outline from the classroom teacher.

Mosaic	online	Cash Cheque	Technology Education	online	Cash Cheque
Mosaic 7 and 8 Supplies for ADST (Applied Design, Skills and Technology) activities including wood, art supplies and groceries	\$31.50	\$30	Art Metal 10-12 Metal, casting, supplies, gas, solvents, fasteners, welding/brazing consumables, abrasives and jewelry supplies	\$47.25	\$45
Visual Arts			Metalwork 9-12 Metal stock, sheet metal, gasses, solvents, fasteners, welding/brazing consumables, abrasives, and hearing protection	\$47.25	\$45
Art Studio 9	\$26.25	\$25	Woodwork 9-12 Wood, adhesives, fasteners, abrasives, blades, finishing products, and other consumables	\$42	\$40
Art Studio 10-12	\$26.25	\$25	Skills Exploration 10-12 Building materials: lumber, plywood, fasteners, electrical supplies, and plumbing supplies	\$52.50	\$50
Photography 11	\$36.75	\$35	Information Technology 9-12	10.75	\$10
Media Design	\$21.25	\$20	Entrepreneurship and Marketing	\$5.50	\$5
Media Arts	\$10.75	\$10	Fitness and Conditioning 11-12	\$47.25	\$45
Home Economics			Human Performance 9-12	\$31.25	\$30
Food Studies 9-12 Groceries and supplies for labs	\$52.50	\$50.00			
Textiles 8/9 For materials and associated costs	\$31.50	\$30.00			
Textiles 10-12	\$31.50	\$30.00			

EducationPlannerBC invites parents, families, and grades 10-12 students to join their virtual presentation **Tues, Oct 21, 2025, from 6:30pm-7:45pm.**

Topic: Parents as Education & Career Coaches: Hosted by EducationPlannerBC

Come explore our website! Learn about post-secondary education and career opportunities, and resources to support your student in planning for their future. The information will be especially helpful for families with students in grades 10-12. Search thousands of programs, get to know trades, and discover career paths. Find helpful resources, including financial aid options, admission requirements, FAQs, and the Glossary. Learn how to create an account, save programs, paths, and careers to My List, and apply to post-secondary in B.C.

Visit our [Parents & supporters](#) website for our event calendar and helpful resources.

Registration is required. The session will be on MS Teams.

Registration link: [Parents as Education & Career Coaches](#)

Date: Tue, Oct 21

Time: 6:30 pm - 7:45 pm

Leaving Early or Reporting Absences

Under "Safe Arrival": Did you know there is a safe arrival app? This makes reporting absences that much easier! You can find more information [HERE](#).

A reminder to parents that ALL absences/ lates /early dismissals should be recorded on our Safe Arrival system prior to 8:30 am on the day of the absence/ late / dismissal (you can also report absences in advance, if they are known). Please review [THIS](#) link for more information and instructions.

BSS Bell Schedule for the 2025/2026 School Year

The [bell schedule](#) for the 2025/2026 school year will be changed slightly from this year. The start end times for the day will remain the same but there will now be two blocks before lunch and two after lunch. This change will allow for lunch to take place earlier in the day, hopefully helping to ensure students have better access to food throughout the day.

TIME	Day 1	Day 2	Day 3
8:25 A.M.	Warning Bell		
8:30 - 9:48	A	C	D
9:48 - 10:04	16 Min LONG BREAK		
10:04 - 11:22	B	B	B
11:22 - 12:19 (warning 12:14)	LUNCH		
12:19 - 1:37	C	D	A
1:37 - 1:43	BREAK		
1:43 - 3:01	D	A	C
3:01	DISMISSAL		



Barriere Secondary School Learning Goals 2025-2026



Engagement Foster student connection and care by engaging all educational community members.

Mental Health Create a school environment that supports positive mental health.

Culture Foster a safe, caring, welcoming, and inclusive school culture.

For more information please check out the Barriere Secondary School Learning Plan at the following [LINK](#).

Empowerment Through Support

Youth Day Treatment

Tuesday & Thursday

1:30 PM - 3:30 PM

235 Lansdowne St.



Week 1

The Bigger Picture of Substance Use: Introduction to Boundaries, emotions & Safety.

Presenters: City of Kamloops & BGCK on Human Trafficking and Internet Safety

Week 2

Harm Reduction: Identity, Adolescent Development & SMART recovery.

Friday:
Pumpkin Carving at Garden Gate

Week 3

Safety First & Stigma: Mindfulness, Substance Safety & Post- Acute Withdrawal Syndrome (PAWS).

Presenters: KSAC on Consent and Healthy Boundaries.

Friday :
Mountain Biking

Week 4

Drugs: Stimulant Substances, DBT DEARMAN Skills & Youth Resiliency.

Presenters: Interior Health on Overdose Prevention and Naloxone.

Friday:
Horseback Riding

Week 5

Cognitive, Social & Emotional Competence: Thoughts, Feelings & Actions.

Friday:
Connection through Movement at Riverside Park.

Week 6

Social Connections: Belonging, Purpose & Social Awareness.

Friday:
Indigenous Ways of Knowing in The Land

Week 7

Health and Wellness: Problem Solving, Decision Making & Discharge Planning.

Friday:
Blazers Game

Starting October 21 to December 5, youth ages 14-20 who face substance use challenges, can access a youth day treatment that seeks to strengthen wellness through education, practice, fun activities, and connecting with others.

FOR MORE INFORMATION PLEASE CONTACT ACCESS AT 250.377.6500 OR EMAIL VIRGINIA.KLAMMER-VALENZUELA@INTERIORHEALTH.CA



Interior Health



Change Makers



YOUTH CONFERENCE

Get ready for an exciting day of creativity and skill-building!

FREE!

Don't miss this opportunity to connect, learn, and have fun with youth from all over Kamloops! All youth are welcome. Activities include learning traditional beading, kickboxing, and building leadership with LEGO. Join us for an exciting experience!

**AGES
12+**

Breakfast | Lunch | Dinner will be provided.

October **24**
8:30 am - 5:00 pm
📍 Holiday Inn,
675 Tranquille Rd.



SCAN TO REGISTER

Amy Hilliard | ahilliard@kamloops.ca | (250) 319 5584

Admin Message

Thank You, Barriere Secondary Cougars!

A big thank you to all the parents, guardians, and students who were able to attend our Parent-Teacher Interviews! We appreciate your continued support and partnership in learning.

A reminder that next Friday is a Pro-D Day — no classes for students.

Also, get ready, Cougars — basketball season is starting soon! Stay tuned for schedules and tryout details. Go Cougars!

Have a safe, relaxing, and very Happy Thanksgiving! Please reach out if you have any questions or concerns.

Warm regards,

Andres Ruberg
Vice-Principal

Derek Markides
Principal