

Athletic Awards 2023-24

Individual Awards

Award	Recipient
Team of the Year	Sr. Boys Basketball Drew Pederson, Cohen Hunt, Fraser Schilling, Jeremy Salle, Chase Walker, Lucas Jorgenson, Alexander Sim, Curtis Farrow, Cayden Hockridge-Johnson, Tyson Matthews
Sr. Female	Bobby-Raye Farrow
Sr. Male	Fraser Schilling
Jr. Female	Joy Rainer and Charlie Crosman
Jr. Male	Tyson Matthews
Grade 8 True Cougar	Jaxon Gourlay and Sophie Wright
Grade 7 True Cougar	Eva Mae Elkins and Charlie Lowe
Top Sr. Academic	Isabella MacDougall and Fraser Schilling
Top Jr. Academic	Missy Kjellstrom and Zach Lowe
Grade 8 Academic	Ayden Hunter, Sophie Wright, Gavin Van Sickle
Staff True Cougar Award	Katja Nomm, Kris Luison, Kim Fennell, Megan Lind, Sydney Pellegrino, Kelsey Harpman, Beth Zerr, Lauren Davis, Ashley MacDougall, Stacey Gartner, Cindy Kohnert
5 Year Commitment	Drew Pederson, Cohen Hunt, Fraser Schilling, Cassidy Calahasen, Harmony Trommeshouser, Debbie Hernandez, Alexis Nelson, Bobby-Raye Farrow
Outstanding Athletic Service	Ava Jules, Fraser Schilling, Bobby-Raye Farrow

Service Award	Paige Arcand, Charlie Crosman, Reine McGravey, Regan Lenton, Kaydence Harris, Grace Farrow, Zoe Kershaw, Wyatt Keating, Zach Lowe, Fraser Schilling, Cohen Hunt
Danny Proulx	Cohen Hunt
Glenn Andrews	Alexis Nelson

Team Awards

Team	Award	Recipient
Boys Soccer	MVP	Drew Pederson (Sr.) Jaxon Gourlay (Jr.)
Boys Soccer	Unsung Hero	Cohen Hunt Zach Lowe
Boys Soccer	Most Improved	Sam Marton
Sr. Girls VB	MVP	Cassidy Calahasen
Sr. Girls VB	Unsung Hero	Izzy Lofto and Jesimae Harrison
Sr. Girls VB	Most Improved	Tyla Macklin
Sr. Boys VB	MVP	Cohen Hunt
Sr. Boys VB	Unsung Hero	Tyson Matthews and Aidan Quigley
Sr. Boys VB	Most Improved	Zach Lowe
Jr. Girls Grey VB	MVP	Missy Kjellstrom and Joy Rainer
Jr. Girls Grey VB	Unsung Hero	Bianca Genaille
Jr. Girls Grey VB	Most Improved	Kaydence Harris
Jr. Girls Blue VB	MVP	Teagan Allen and Lex Sterling

Jr. Girls Blue VB	Unsung Hero	Charlie Crosman and Zoe Kershaw
Jr. Girls Blue VB	Most Improved	Torri Lenton and Sophie Wright
Grade 7 VB	MVP	Kesler Allen
Grade 7 VB	Unsung Hero	Avaya Dixon and Nick Wittner
Grade 7 VB	Most Improved	Cohen Eustache
Sr. Boys BB	MVP	Fraser Schilling
Sr. Boys BB	Unsung Hero	Jeremy Salle
Sr. Boys BB	Most Improved	Curtis Farrow and Cayden Hockridge-Johnson
Sr. Girls BB	MVP	Bobby-Raye Farrow and Cassidy Calahasen
Sr. Girls BB	Unsung Hero	Izzy Lofto and Alexis Nelson
Sr. Girls BB	Most Improved	Jade Todd
Jr. Girls BB	MVP	Missy Kjellstrom
Jr. Girls BB	Unsung Hero	Bianca Genaille and Joy Rainer
Jr. Girls BB	Most Improved	Charlie Crossman
Jr. Boys BB	Most Improved	Wyatt Keating
Jr. Boys BB	MVP	Logan Abel
Jr. Boys BB	Unsung Hero	Ryder McKay
Grade 8 Girls BB	Most Improved	Hayden Kruger and Torri Lenton
Grade 8 Girls BB	MVP	Alexis Merideth and Sophie Wright
Grade 8 Girls BB	Unsung Hero	Gavin Vansickle

Grade 8 Boys BB	Most Improved	Ben Pringle
Grade 8 Boys BB	MVP	Kayden Conan
Grade 8 Boys BB	Unsung Hero	Lee Fraser
Grade 7 Girls BB	Most Improved	Elle Tyler and Alex Rosette-Jules
Grade 7 Girls BB	MVP	Eva Mae Elkins
Grade 7 Girls BB	Unsung Hero	Lexy Janzen
Grade 7 Boys BB	Most Improved	Odin Osborne
Grade 7 Boys BB	MVP	Kesler Allen and Hunter Genaille
Grade 7 Boys BB	Unsung Hero	Ander Fox
Girls Soccer	Most Improved	Elle Tyler
Girls Soccer	MVP	Debbie Hernandez
Girls Soccer	Unsung Hero	Debbie Hernandez
Sr. Boys Rugby	Most Improved	Thomas Rilcoe
Sr. Boys Rugby	MVP	Austin Davis
Sr. Boys Rugby	Unsung Hero	Linden Ransome
Jr. Boys Rugby	Most Improved	Gage Berube
Jr. Boys Rugby	MVP	Richard Blanke
Jr. Boys Rugby	Unsung Hero	Thomas Pullen
Girls Rugby	Most Improved	Lexy Kerlake and Emma Walker
Girls Rugby	MVP	Bobby-Raye Farrow and Zoe Kershaw
Girls Rugby	Unsung Hero	Regan Lenton and Charlie Crossman
Golf	Most Improved	Fraser Schilling

Golf	MVP	Drew Pederson
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