



BARRIERE SECONDARY SCHOOL

SCHOOL DISTRICT NO. 73 (KAMLOOPS/THOMPSON)

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April 8, 2022 Updates from Barriere Secondary

Good Afternoon,

We hit the ground running on our first week back. 7 of our students participating in the [Heavy Metal Rocks](#) program. This is a program that provides opportunities for students to explore career choices as heavy equipment operators in various industries. It is based on application and only 26 students across SD73 are accepted. The fact that we had 7 students from BSS accepted is commendable – great work Cougars!

Yesterday we celebrated the 9th annual Day of Sucwentwécw. Earlier in the week, students spent time discussing wellness and well-becoming, they then created an art mosaic using the medicine wheel as the backdrop. Yesterday, we were joined by community members who spent the morning teaching students how to make Bannock and then we held a gathering that featured a welcome to the land from Simpcw Education Coordinator Alison Green. The gathering also featured our student drummers, led by Tiffany Bowser and Jacob Sterling, also from Simpcw First Nation, who took the school through two songs. A snapshot of the gathering and more information about the Day of Sucwentwécw were featured by [CFJC](#). [you can see that story here](#).

Don't forget that next week we have our Parents Night Out Tuesday APRIL 12 beginning at 6:15. More Information is available below. Next week is a shortened week with Friday being Good Friday and looking way ahead, Monday April 18 we are closed for Easter Monday.

Week Ahead

Tuesday April 12 – Parents' Night Out – What do Parents need to know about Vaping?

The BSS and BES PAC's are pleased to offer this info an important and informative evening answering your questions about Vaping.

WHEN

Tuesday April 12 - Snacks at 6:15pm - Presentation begins at 6:30 pm

WHERE

BSS Library

What do Parents Need to Know About Vaping?

Learn from Angela Lawrence, Substance Misuse Counsellor, School District #73 and Jim Laidlaw, Substance Misuse Counsellor, Phoenix Centre about the impact of vaping on young adults and teens. Can vaping contribute to a new generation of youth who have never smoked before becoming addicted to nicotine? In this session, parents will become familiar with exactly what vaping is, the short and long term harms associated with nicotine addiction and the inhalation of chemical flavouring, as well as explore risk-taking behaviour in young people – what is “healthy” risk taking, and what sort of risk-taking might lead to harmful outcomes. Parents will leave with the single most important communication skill to use with their teens, as well as a list of resources

Cafeteria

Monday, April 11 - Green salad with chicken & garlic bread - \$4 or Lasagna & garlic toast - \$5.50

Tuesday, April 12 - Chicken soup with a biscuit - \$4 or Perogies & sausage - \$5.50

Wednesday, April 13 - Chicken caesar wrap - \$4 or Tuscan chicken penne with garlic toast - \$5.50

Thursday, April 14 - Hot dog with tator tots - \$4 or Hamburger with tator tots - \$5.50

Friday - Good Friday Stat

Have a restful weekend ahead!

John Tyler

Principal