



BARRIERE SECONDARY SCHOOL

SCHOOL DISTRICT NO. 73 (KAMLOOPS/THOMPSON)

Box 130, 4811 Barriere Town Road

Barriere, BC V0E 1E0

Phone: (250) 672-9943 Fax: (250) 377-2254

January 21, 2022 Updates from Barriere Secondary

Good Afternoon,

This week was a successful week in Cougar Athletics. In basketball action, the Junior Boys defeated Valleyview, the Junior Girls defeated KSA and the Senior Boys defeated Clearwater. The Grade 8 and 9 boys team played a great game but came up short in a loss against South Kam and the grade 8 girls also lost a close game to Southkam.

The grade 7 and 8 linear classes began their X Country Ski program which will run over the next few weeks. We are appreciative of the partnership with the good people at the Barriere Outdoor Club for helping create this opportunity for our students.

Next week is the last full week of Semester 1. In most classes students will be focussing on finishing final projects, preparing for exams and completing work from throughout the term. Looking ahead, Semester 2 will begin on Wednesday February 2nd.

Cafeteria Menu (Attached)

Cafeteria Pre-paid Cards

We continue to encourage students to have access to the pre-paid cafeteria cards available through [school cash online](#). Cards can be purchased in \$20 increments. They can be used for morning breaks as well as lunch, including days when proceeds go to Athletics. Students will need to let Mrs. Luison know, once you have made an online lunch card payment.

Bell Let's Talk Day January 26, 2022 marks the 12th annual [Bell Let's Talk Day](#), a national campaign promoting awareness and action for mental health. Several of our classes will be discussing this topic and working towards ending stigma around mental health and starting a conversation about this topic.

Safe Schools Student Engagement Session

The Ministry of Education - Student Wellness and Safety will be offering the following virtual information session for students.

This session for students in Grade 8-12 covers all things digital, from how to be a good digital citizen to the criminal consequences of cyberbullying. Some of the most prominent concerns currently surrounding students' use of social media platforms and smartphones will be discussed.

Date: Thursday, February 3, 2022 from 6:30-7:30pm

Please register here: [Student Session Registration](#)

Calendar Ahead

February 4 Non-Instructional Day (no classes for students)

February 7 (PAC Meeting)

CAFETERIA PRE-ORDER FORM FOR BREAK

WEEK: JANUARY 24 - 28

STUDENT NAME: _____

**Food cards can be purchased at the office for \$20*


Monday, January 24			Tuesday, January 25		
Eggers	\$3.50		Eggers	\$3.50	
Hasbrowns	\$.50		Hasbrowns	\$.50	
Cookies	\$1.00		Cookies	\$1.00	
Cake	\$1.00		Cake	\$1.00	
Juice: fruit medley, apple, orange, wild berry *CIRCLE CHOICE	\$1.00		Juice: fruit medley, apple, orange, wild berry *CIRCLE CHOICE	\$1.00	
Chocolate milk	\$1.00		Chocolate milk	\$1.00	
ICE drinks: *CIRCLE CHOICE grapefruit, lemon-lime, cherry-lime, coconut-pinapple	\$2.00		ICE drinks: *CIRCLE CHOICE grapefruit, lemon-lime, cherry-lime, coconut-pinapple	\$2.00	
Wednesday, January 26			Thursday, January 27		
Eggers	\$3.50		Eggers	\$3.50	
Hasbrowns	\$.50		Hasbrowns	\$.50	
Cookies	\$1.00		Cookies	\$1.00	
Cake	\$1.00		Cake	\$1.00	
Juice: fruit medley, apple, orange, wild berry *CIRCLE CHOICE	\$1.00		Juice: fruit medley, apple, orange, wild berry *CIRCLE CHOICE	\$1.00	
Chocolate milk	\$1.00		Chocolate milk	\$1.00	
ICE drinks: *CIRCLE CHOICE grapefruit, lemon-lime, cherry-lime, coconut-pinapple	\$2.00		ICE drinks: *CIRCLE CHOICE grapefruit, lemon-lime, cherry-lime, coconut-pinapple	\$2.00	
Friday, January 28					
Eggers	\$3.50				
Hasbrowns	\$.50				
Cookies	\$1.00				
Cake	\$1.00				
Juice: fruit medley, apple, orange, wild berry *CIRCLE CHOICE	\$1.00				
Chocolate milk	\$1.00				
ICE drinks: *CIRCLE CHOICE grapefruit, lemon-lime, cherry-lime, coconut-pinapple	\$2.00				
			TOTAL		

CAFETERIA PRE-ORDER FORM FOR LUNCH

WEEK: JANUARY 24 - 28

STUDENT NAME: _____

**Food cards can be purchased at the office for \$20*

Monday, January 24 – Athletic Fundraiser Day			Tuesday, January 25		
Beef Stroganoff	\$5.00		Grilled ham & cheese with veggies	\$4.00	
Muffins	\$2.00		Chili & corn bread	\$5.50	
Pizza Pops	\$2.00		Veggie Plate	\$3.00	
Gatorade	\$2.00		Cookies	\$1.00	
Chips	\$1.00		Cake	\$1.00	
Toquitos	\$1.00				
Juice: fruit medley, apple, orange, wild berry *CIRCLE CHOICE	\$1.00		Juice: fruit medley, apple, orange, wild berry *CIRCLE CHOICE	\$1.00	
Chocolate milk	\$1.00		Chocolate milk	\$1.00	
ICE drinks: *CIRCLE CHOICE grapefruit, lemon-lime, cherry-lime, coconut-pinnacle	\$2.00		ICE drinks: *CIRCLE CHOICE grapefruit, lemon-lime, cherry-lime, coconut-pinnacle	\$2.00	
Wednesday, January 26			Thursday, January 27		
Potato bacon soup with a biscuit	\$4.00		Taco chip salad	\$4.00	
Chicken quesadilla with Spanish rice <u>or</u> Mexican salad *CIRCLE CHOICE	\$5.50		Tuscan chicken with penne & garlic toast	\$5.50	
Veggie Plate	\$3.00		Veggie Plate	\$3.00	
Cookies	\$1.00		Cookies	\$1.00	
Cake	\$1.00		Cake	\$1.00	
Juice: fruit medley, apple, orange, wild berry *CIRCLE CHOICE	\$1.00		Juice: fruit medley, apple, orange, wild berry *CIRCLE CHOICE	\$1.00	
Chocolate milk	\$1.00		Chocolate milk	\$1.00	
ICE drinks: *CIRCLE CHOICE grapefruit, lemon-lime, cherry-lime, coconut-pinnacle	\$2.00		ICE drinks: *CIRCLE CHOICE grapefruit, lemon-lime, cherry-lime, coconut-pinnacle	\$2.00	
Friday, January 28					
Pizza – Hawaiian <u>or</u> meat lover *CIRCLE CHOICE	\$4.00				
Shepherd's Pie	\$5.50				
Cookies	\$1.00				
Cake	\$1.00				
Juice: fruit medley, apple, orange, wild berry *CIRCLE CHOICE	\$1.00				
Chocolate milk	\$1.00				
ICE drinks: *CIRCLE CHOICE grapefruit, lemon-lime, cherry-lime, coconut-pinnacle	\$2.00		TOTAL		