



# BARRIERE SECONDARY SCHOOL

SCHOOL DISTRICT NO. 73 (KAMLOOPS/THOMPSON)

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## Barriere Secondary November 17, 2023 Weekly Update

Good Afternoon,

Earlier this week, both Junior Girls' Volleyball teams competed in the playoffs. Both teams played well and showed the incredible improvement that they made over the course of the season. The grade 7 team also played at Pac Way and won 5 of 6 sets! Their final game will be Tuesday next week.

Today the school held a short celebration for the Boys' Volleyball team as they head to the Okanagan championships in Lumby. The hallway pep rally was a small way to recognize the players and wish them luck at their games tonight.

This weekend, there is an opportunity for students to volunteer setting up the Christmas lights and decorations at the Fair Grounds. Interested students should arrive on Sunday at 10:00 am and speak with Mrs. Mairs when they arrive.

### Upcoming Calendar Dates:

- Tuesday November 21 - Report Cards Published.
- Wednesday November 22 - Photo Retake Orders are due
- Wednesday November 22 - Health and Wellness Fair
- Wednesday November 22 - Volleyball Season ending Jamboree (4:30) all teams participate.

### Health and Wellness Fair

BSS is pleased to partner with the Simpcw Health and Wellness department in offering students 3 information sessions as a part of Addictions Awareness week.

Students will attend 3 sessions the address the topic of:

- The impacts of Vaping and Tobacco Use;
- Recognizing pathways to addiction including gaming and cell phone use;
- The vulnerability of socio-economic and marginalized groups and rates of addiction.

### Cafeteria Menu:

Monday, Nov 20 - Toasted pizza baguette \$5 or Butter chicken with rice & pita \$6

Tuesday, Nov 21 - BLT with veggies \$5 or Nachos \$6

Wed., Nov 22 - Chicken caesar wrap \$5 or Ribs & pasta salad \$6

Thursday, Nov 23 - Chicken rice soup & biscuit \$5 or Lasagna & garlic toast \$6

Friday, Nov 24 - Grilled ham & cheese & veggies \$5 or Sub sandwich \$6

Have a great weekend!

John Tyler - Principal